



# CONTENDING TRIADS

## SEASON FOR CONTENDING

Red is currently entering into a season of contending. We are actively seeking God to transform our selves, our church and our city with His presence. We want to invite all Triads to enter into a space of contending with us. Whether you've just joined a Triad or have been gathering for a while we'd ask that you partake in this call to contend for the remainder of 2018.

Over the page is a helpful structure with key passages and several focussing dot-points for your Triad meetings to engage with and respond to as you personally and corporately contend for renewal.

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## WHAT IS A TRIAD?

Triads are an easy, adaptable and fruitful way of gathering together and growing as believers. They are centred around regular and active engagement with the living Word of God while building intentional relationships with two other disciples of Jesus. Meetings are based around a simple process of reading a passage of Scripture, noting what it is saying and prompting an obedient response. Triads also allow an opportunity to minister to each other through prayer, encouragement and accountability. Meetings are designed to be small in number and short in length, keeping things focused and allowing for deeper growth. Whilst the time and setting is flexible (Skype, lunch-breaks, evening gatherings or before Church) there are some core components that ensure a productive and fruitful Triad meeting;

### Scripture Reading and Questions

The core component of a Triad meeting is a scripture reading. Read a passage of scripture out loud twice and ask four core questions;

- **What does this passage say about God?**
- **What does it say about humanity?**
- **If this is true, how will it shape the way I live this week?**
- **Who can I share this with?**

What is central to this component is that we let the scripture speak for itself, not letting the conversation be dictated by our own personal thoughts or opinion, but asking 'what does the scripture actually say?'

### Response

Based on what has been revealed in the reading spend time sharing, confessing, encouraging and praying for each other. Allow this to lead into obedience to Jesus rather than just more information.

### Meet together regularly

Meet at least once a week or once a fortnight, for 30-90 minutes. This may vary based on the availability of your Triad members, but the emphasis is on meeting in a frequent, consistent rhythm.

### Leadership and facilitation

The facilitation of discussion is key to a fruitful meeting. Ensure each time you meet there is a person who knows they are 'leading' that week, keeping the discussion focussed and asking the key questions. It may work best to share and rotate the leadership.

### **WEEK 1 & 2 - Holy Discontent**

**Isaiah 58:2-9, Amos 5:20-24**

*Key thoughts to consider as you pray together;*

- Breaking of your heart for the state of the world
- Breaking your heart regarding state of the church
- Breaking your heart at the state of yourself
- Decision of no longer tolerating the status quo (of yourself)
- Taking responsibility for what you have control over

### **WEEK 3 & 4 - Clearing the Obstacles**

**Joshua 7:6-13, 1 John 1:5-10**

*Key thoughts to consider as you pray together;*

- Surrender (you can't do this yourself)
- Repentance and confession
- Removing the obstacles
- Embracing humility and avoid the off-ramps of spiritual pride or self-hatred

### **WEEK 5 & 6 - Alignment with God and His Kingdom**

**Romans 12:1-8, 1 Peter 1:13-16**

*Key thoughts to consider as you pray together;*

- Embracing holiness (God's standards not yours)
- Submission to the Lordship of Christ (over the whole of your life)
- Seeing His Kingdom (not just the world)

### **WEEK 7 & 8 - Hunger**

**Matthew 5:6, 2 Corinthians 4:16-18 & 5:14-6:2**

*Key thoughts to consider as you pray together;*

- Persistent Prayer (how hungry are you?)
- Worship Culture (how hungry are you?)
- Posture of possibility (how hungry are you?)

### **WEEK 9 & 10 - Contending**

**Ezekiel 22:30, Matthew 6:10**

*Key thoughts to consider as you pray together;*

- New Wine (harvesting, picking, crushing, purifying)
- Standing in the gap (between God and our world)
- Contending for others, for the church, for our city, for our world (for His Kingdom to come)